

Sagewood Counseling, Lisa LeMay, MS, LMFT

INFORMED CONSENT FOR TELEMENTAL HEALTH SERVICES

Prior to starting telehealth sessions, we discussed and agreed to the following:

- There are potential benefits and risks of video sessions (e.g. limits to patient confidentiality, unstable internet connection, loss of power, clinical limitations) that differ from in-person sessions.
- Confidentiality still applies for telehealth sessions, and nobody will record the session without the written permission from the others person(s).
- We agree to use the videoconferencing platform selected for our virtual sessions, and the therapist explained how to use it.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- It is important to use a secure internet connection rather than public Wi-Fi.
- In case of technical difficulties, these phone numbers can be used to restart or reschedule the session. Therapist: 612.325.7899 Client phone:_____
- In the event of an emergency, I give permission for the therapist to contact this person:
Name_____ Phone_____
- If I am in danger of hurting myself or someone else, I will call 911 or go to this hospital:
_____.
- Insurance companies may or may not reimburse telehealth sessions. If you are using insurance, it is your responsibility to confirm coverage of video sessions.
- As your therapist, I may determine that due to certain circumstances, telehealth is no longer appropriate and that we should resume our sessions in person.

Print Client Name

Client Signature

Date